

The Abbot's Steak House

Sample Menu

Starters

Broccoli & Cheddar Soup
Served with Our Freshly Made Wholemeal
Soda Bread €4.95

House Chicken Liver Pate With Hazelnuts
Apricot Cumberland Sauce,
Sour Dough Crisp Bread €6.75

Irish Egg
Soft Boiled Hens Egg Wrapped in Bacon & Cabbage
Fried in Breadcrumbs, Rocket Salad, Mustard Dressing
€ 6.50

Spicy Breaded Portobello Mushroom
With Garlic And Lemon Mayonnaise €5.95

Gin & Tonic Cured Salmon
Old Fashioned Potato Salad, Sliced Shallots,
Capers & Blinis €6.75

Belly Pork & Black & White Pudding Roulade
Red Onion Jam, Spring Onion Champ
Not So Big € 6.50 Main Course 11.95

Light Bites & Salads

Steakhouse Flat Bread

Focaccia Topped with Chargrilled Rump Steak, Cheese, Fresh Rosemary & Toasted Pine Nuts € 9.95

The Caesar

Baby Gem Lettuce, Herb Croutons, Shaved Parmesan Cherry Tomatoes, Bacon Pieces,
Special House Dressing € 7.75 Add Chicken Breast € 11.75

The Cleopatra

Chargrilled Chicken Breast, Fresh Fruits, Toasted Cashew Nuts, Raspberry Vinaigrette € 10.95

Cobb Salad

Ham, Beef, Chicken, Aged Cheddar, Cherry Tomato, Red Onion, Hard Boiled Egg, Roasted Red Pepper,
Bacon Pieces, Cucumber, Croutons, Served with Avocado Vinaigrette Not So Big € 7.75 Full € 11.95

Sandwiches & Wraps

Cajun Chicken Wrap

Marinated Strips of Chicken Fillet with Peppers, Mushroom & Onions, Spicy Jalapeños,
With Cajun Dressing in a Tomato Wrap, Served with Chips and Salad €9.95

Paninis (Italian Toasted Sandwich.)

The Country: Bandon Vale Aged Cheddar Cheese,
Limerick Ham & Ballymalloe Relish €7.95

The Abbey: Sliced Chicken, Smokey BBQ Sauce
& Red Onion €7.95

The New York Deli Rueben
Shaved Silverside Corned Beef, Sauté Onions,
Swiss Cheese & 1000 Island dressing
Served on a 9 Grain Whole Wheat Bap 7.95

The Hereford
Prime Hereford Rump Minute Steak, Sauté
Onions & Smoked Knockmore Cheddar
Served on a 9 Grain Whole Wheat Bap 7.95

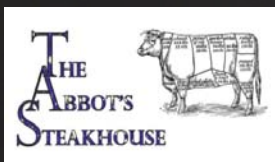
Sandwiches: Create Your Own Plain or Toasted

Fillings Usually Available: Ham, Cheese, Beef, Chicken etc €4.95

Smoked Salmon, Prawns, Crayfish €6.25

For Ecological Reasons We Do Not Serve Canned Tuna

Side of Chips with Your Sandwich €2.95



The Abbot's Steak House

Dishes of The Day

(This Bit Used to be The Carvery)

Please order Vegetables and Potatoes of the Day or Chips and a Side Salad

Braised Silverside of Corned Beef, Parsley Cream Sauce	Not So Big € 7.75 Full € 11.95
Ginger & Lemon Marinated Chicken Supreme with Egg Stir Fried Rice	Not So Big € 7.75 Full € 11.95
Baked Fillet of Pollack, Chorizo & Bell Pepper Crust, Herb & Caper Dressing	Not So Big € 8.95 Full € 13.95
Beef & Mushroom Pie	Not So Big € 7.75 Full € 11.95
Gilded Asparagus Pancakes, Thin Crepes with Bandon Vale Mature Cheddar Cheese Sauce and Fresh Asparagus ✓	Not So Big € 7.75 Full € 11.95

Burgers, Steaks & Fish

Chicken Fillet Burger

Lettuce, Tomato, Onion, Mayonnaise. Served with Chips & Salad € 10.95

The Abbot's Burger (8oz)

Topped With Smoked Five Mile Town Cheddar and Dry Cured Streaky Bacon Served With Salad Garnish and Chips € 12.95

Battered Haddock, Chips and Mushy Peas Served with Tartare Sauce & Lemon € 11.95

Char Grilled Prime Nenagh Sirloin Steak

8oz € 18.95 12oz 23.95

8oz Free Range Charolais Veal Sirloin € 17.95

Pepper Sauce or Garlic Butter.

Served with Chips & Salad or Vegetables and Potatoes of the Day

Grilled Limerick Pork Steaks

Caramel Apple Sauce with Salted Caramel Served with Chips & Salad or Vegetables and Potatoes of the Day € 14.95

Grilled Fillets of Sea Bass

Herb & Caper Dressing Served with Chips & Salad or Vegetables and Potatoes of the Day € 16.95

Mixed Leaves with Red Onion and Sundried Tomato Vinaigrette Chips Potatoes of the Day Vegetables of the Day Mashed Potatoes (3 Scoops) Savory Rice Onions and /or Mushrooms Mushy Peas Onion Ring Loaf Home Made Cole Slaw Additional Side orders are € 2.95 per portion

Kids Corner

Chicken Nuggets or Goujons, Grilled Chicken Fillet, Fish Fingers, Sausages, Childs Portion from the Daily Specials with Mash or Chips. € 6.50 Spaghetti Bolognaise € 5.95 Ham/Cheese/Chicken Toastie € 4.95

Desserts

Seven Deadly Sins: Salted Caramel, Caramel Popcorn Ice Cream, Cinnamon Sugar Dredged Crispy Fried Tortilla Shells & Chocolate Sauce € 4.95

Hazelnut Sticky Toffee Pavlova € 4.95

Fresh Fruit Salad, With your Choice of Ice Cream € 4.95

Fresh Fruit Salad served with Cream or Ice Cream € 4.95

Sticky Toffee Pudding vanilla Custard € 4.95

Chocolate Fudge Cake, Chocolate Sauce € 4.95

Snickers Pie, From the Original Snickers Bar € 4.95

Ferrero Rocher Cheese Cake € 4.95

Eton Mess, Seasonal Berries, Meringue, Cream & Toasted Chopped Nuts € 4.95

Apple Pie, Served Hot or Cold with Cream and or a Scoop of Ice Cream € 4.95