

NENAGH LEISURE CENTRE SÓLANN AN AONAIGH

DUBLIN ROAD, NENAGH, CO. TIPPERARY

2014

Pool

Gym

Mondays	7 a.m. – 6 p.m.	7 a.m. – 9:45 p.m.
Tuesdays	8 p.m. – 9:45 p.m. 7 a.m. – 9:45 p.m.	7 a.m. – 9:45 p.m.
Wednesdays	7 a.m. – 6 p.m.	7 a.m. – 9:45 p.m.
Thursdays	7 p.m. – 9:45 p.m. 7 a.m. – 9:45 p.m.	7 a.m. – 9:45 p.m.
Fridays	7 a.m. – 6 p.m. 8 p.m. – 9:45 p.m.	7 a.m. – 8:45 p.m.
Saturdays	9 a.m. – 7:45 p.m.	9 a.m. – 7:45 p.m.
Sundays	10 a.m. – 5:45 p.m. <u>www.tipperarycoc</u>	10 a.m. – 5:45 p.m. <mark>o.ie</mark>

National Swimming Pool Guidelines Child Protection Policy

Children aged 1 - 5 **MUST** be accompanied by an Adult in the pool.

Children aged: 6 – 10 **MUST** be accompanied by an Adult who must remain within view of the child. Children aged 11 and upwards may be unaccompanied

Use of Sauna, Steamroom & Jacuzzi facilities (strictly over 18's) included in price of swim.

Caps must be worn in the pool

Please note: All persons must receive an equipment orientation prior to using the gym. Book yours now at reception on 067-31788.

Children Swimming Lessons

Monday	3 rd Nov.	4.00pm	6 Weeks	Beginners 1	Improvers 1
wonday	3 NOV.	4.00pm	o weeks	beginners i	improvers i
		4.30pm		Advanced	Improvers 2
Tuesday	4 th Nov.	4.00pm	6 Weeks	Beginners 2	
		4.30pm		Beginners 3	
Wednesday	5 th Nov.	4.00pm	6 Weeks	Beginners 3	
		4.30pm		Improvers 1	
Thursday	6 th Nov.	4.00pm	6 Weeks	Lengths	
Friday	7 th Nov.	4.00pm	6 Weeks	Beginners 3	Improvers 2
		4.30pm		Improvers 1	Advanced
		6.00pm		Armbands	Beginners 1
		6.30pm		Beginners 2	
Saturday	8 th Nov.	9.00am	6 Weeks	Lengths	Armbands
		9:30am			Beginners 1
		11.00am		Beginners 2	Beginners 3
		11.30 am		Improvers 1	Improvers 2
The c	ost will be € 5	50.00 (6 lesson	s) (€49 per cl	hild for two or m	ore children)
ENROLMENT from Thursday 23 rd October					

Adult Swimming Lessons

Tuesday 8pm 4th Nov.

Enrolment 23rd Oct. (6 lessons €55)



Water Safety Saturday 6 – 8pm Nov & Dec

Safety 4 – Rescue 4 Enrolment Fri. Oct. 31st (4-5pm)

Admission Rates

Swimming Pool

Adults €5.20,

Students, Unemployed & O.A.P.€3.20

Child €2.60

<u>Gym</u>

Adults €4.20

Student, Unemployed & O.A.P. €2.60

All admissions Peak Times @ Adult Rates

Peak Times

Swimming Pool

After 6.50pm weekdays & 7.50pm on Saturdays

<u>Gym</u>

After 5.50pm weekdays & 6.50pm on Saturdays